



## The Master's Level 1

*Learning about the animals God has given us, how to ride and care for them to the best of our ability*

### 1) Safety:

- Haltering a horse
- Leading a horse
- Turnout and stalling
- Safety around a horse
- Barn etiquette
- Barn fire safety and evacuation
- Safety release knot
- Safe stall and pasture care

### 2) Horse Care/Knowledge:

- Grooming
- Bathing
- Hoof care
- Nutrition/Diet
- De-worming
- Vet care
- How to blanket
- Wrapping and bandaging
- How to clean a stall
- Soundness/Lameness
- Conformation of a horse
- Symptoms and treatment of colic
- Symptoms and treatment of choke
- Symptoms and treatment of founder
- Symptoms and treatment of thrush
- Symptoms and treatment of ulcers
- Identify 15 parts of the horse
- Learn about 5 different horse breeds (Quarter Horse, Paint Horse, American Spotted Draft Horse, Haflinger and Tennessee Walking Horse)

### 3) Tacking/Groundwork:

- Walking horse in and out of wash rack safely

- Tie and crosstie safely
- Safely moving around horse in wash rack
- Grooming and handling horses' feet safely
- 10 parts of the saddle and bridle
- How to clean and care for tack
- How to properly fit tack to horse
- How to properly fit riding helmet
- Polos and boots
- Safety tack check
- Adjust stirrups and tack to fit horse and rider
- How to lunge a horse
- Join up work
- Warming up/cooling down horse
- Grooming/care post riding

#### **4) Mounted:**

- Mount and dismount safely
- Pick up stirrups and adjust reins without assistance
- Shorten or lengthen rein at halt without assistance
- Walk, whoa and back on rail without assistance
- Walk through obstacles without assistance
- Walk circle and reverse circle
- Ring safety and etiquette in a group
- Inside and outside cues
- Trot on rail independently one at a time
- Trot a circle independently
- Pick up and drop stirrups at walk
- Safety circle
- Balance at walk without stirrups
- Ride on trail
- Emergency dismount